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To contribute to our newsletter, please send your articles, photos and input to our editor via Whatsapp.

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From Sparkles to Smiles

RCANM celebrates Diwali by coming together to brighten our community



RCANM members at the District Diwali Dhamaka celebration on October 5th



Our club donated Diwali sweets, snacks, and chocolates to the Shelter for Children in Perungavur (Red Hills). It was a heartwarming experience to share the joy of the festival with these lovely children and bring smiles to their faces.

- Rtn. P. Nandakumar, RCANM President 2025-26



From Sparkles to Smiles

RCANM celebrates Diwali by coming together to brighten our community



The Rotary Club of Anna Nagar Madras, along with its **sponsored Rotaract Club of DRBCC Hindu College**, celebrated Deepavali with the children of **Anna Anandha Illam**, Ambattur on October 18th. The team **distributed sweets, rice, and crackers to 35 orphaned children**, filling the day with joy and festive cheer. The **Saravedi** celebration was a heartwarming experience for the **President, First Lady, Director of Community Service, and 40 Rotaractors**, who shared in the happiness of the children and the true spirit of giving.



New Beginnings

A night of new inductions, inspiring talks and festivities

RCANM celebrated **Diwali Nite on October 14th** with joy, fellowship, and a spirit of new beginnings. The evening marked the **induction of four new members** – **Rtn Kamalakannan, Rtn Ashok R.V., Rtn Mohan Raj, and Rtn Vasudevan** – into the Rotary family. **Rtn George Cherian (District Chair - Membership)**, who graced the occasion as Guest of Honour, delivered an engaging talk on Rotary. The evening also featured **two inspiring classification talks**: **Dr. Thirumal Selvan** took the audience through his remarkable **medical journey**, while **Rtn PP Niranjan Mathur** offered glimpses into his **corporate experience in managing industries**.

Adding a creative flair, members enjoyed a **session on IVIPs (Interesting VIPs)**, followed by a delightful **dance performance by Annettes Dhanyata and Akshata**, which added festive sparkle to the celebration. The event beautifully blended learning and cultural celebration, capturing the true essence of Rotary during the season of lights.



Taking Life by the Horns: Gopi's Mantra "Focus, Focus, Focus"

Special feature by Rtn. PP Chitra Mukunnan

President Nandakumar commenced the **speaker meeting on October 21st** – a rainy, cold, “I want a hot cup of tea with pakoda” kind of evening—with a wholehearted and warm welcome address. The **Chief Guest of the evening, PP Gopinath**, embroidered his speech with personal experiences, expertise, and enthusiasm, all laced with humour. From the Mylapore mami who had chided him, to Abdul Kalam who inspired him, to Hitler who kindled his thoughts (to name a few), each had added flavour to his life, **reminding us that life's lessons are all around us**.

We all forgot the cold and the pakodas—but not the rain—for we had the very embodiment of rain standing before us. The camaraderie that followed, with plates and glasses in hand, saw “the green and the brown” fill the room with **laughter, lively discussions, and celebrations**. No one talked about pakodas anymore.



Rotarians in Action

RCANM Hosts Diabetes Awareness Camp at Contus Tech

Chief Guest

Rtn. Suryananarayana Rao
District Chair, Community Service (Health)

Guests of Honour

Rtn. Dr. M.C. Deepak (Madhav Diabetes Centre)
Sriram Manoharan (CEO, Contus Tech)

Being mindful of the community's health, our club conducted a **Diabetes Awareness Camp** in association with **Madhav Diabetes Centre** at **Contus Tech, Porur** on October 15th. Employees underwent health screening and consultations based on their results, and received valuable **guidance on managing and preventing diabetes**. 136 people were screened. The program concluded with a valedictory function, reinforcing the importance of awareness, early detection, and lifestyle changes in preventing diabetes. The initiative reflected Rotary's continued commitment to community well-being and preventive healthcare.



Thanks to Madhav Diabetes Centre, Dr Deepak, Dr Anirudh and Rtn. PP Vrindha. They arranged 20 volunteers and the camp was so well received by one and all in Contus Tech. The CEO was so cordial and also steering a healthy organisation. Kudos to Rtn Vikrama Krishna and his Advocate friend Vinod for making all arrangements. Thanks to IPP Aravindan and Ann Roopamalini and Annette Ashish.

- Rtn. PP. Ramasubramanian, RCANM Secretary

Rotarians in Action

Spreading Awareness on World Polio Day



RCANM, along with four other Rotary Clubs of RI District 3234, organized an End Polio Now campaign at the Anna Nagar East Metro Station, Chennai on October 24th.

A music band drew attention to the cause as Rotarians distributed pamphlets and carried placards to spread awareness among commuters. The spirited participation of members highlighted Rotary's ongoing commitment to eradicating polio worldwide.



CONGRATULATIONS AND CELEBRATIONS!



Rtn PP Gireeshan honoured by the Confederation of Tamilnadu Malayalee Associations for his nomination to the Academic Council of Cochin University of Science and Technology

Rtn Singaravel served as Chief Guest and received the MSME Meet & Rising Star Award 2025 presented by the MSME Chamber of India



Former RCANM Presidents appointed to key District roles for 2026-27:

Rtn PP Vikash Chandra - Asst Governor General

Rtn IPP Aravindan S - Asst Governor

Rtn PP Niranjan Mathur - Parliamentary Committee

Rtn PP Vrinda Deepak - Non-Communicable Disease

Rtn PP Chitra Mukunnam - Governor's Monthly Letter

Rtn Pres Nandakumar - Organ Donation

Madhu Mathur's

QUOTE CORNER

"When you devote yourself to achieving your goal, you will not be bothered by shallow criticism. Nothing important can be accomplished if you allow yourself to be swayed by some trifling matter, always looking over your shoulder and wondering what others are saying or thinking. The key to achievement is to move forward along your chosen path with determination."

- Soka Gakkai

Rotary



**NOVEMBER IS
ROTARY FOUNDATION
MONTH**

Happy
BIRTHDAY

6th Nov: Ann. Chandrakala
W/o Rtn. Harikrishnan
Parthasarathy

11th Nov: Rtn. Satish Menon

20th Nov: Ann Rupamalini
W/o Rtn. Aravindan
Sriramulu

20th Nov: Spouse Felix Clement
H/o Rtn. Rosy Clement

28th Nov: Rtn. Raju

Happy
ANNIVERSARY

26th Nov: Rtn. Padma Anandan &
Spouse Mr. Anandan



Nisha Singaravel's
ROTARY INSIGHTS

- **Service Above Self:** Rotary inspires members to put community service before personal gain.
- **Global Impact:** Rotary has helped eradicate polio in most parts of the world.
- **Youth Development:** Programs like RYLA, Interact, and Rotaract empower the next generation of leaders.
- **Community Projects:** Clubs support education, healthcare, clean water, and disaster relief locally and internationally.
- **Leadership Opportunities:** Members develop leadership, teamwork, and organizational skills.
- **Ethics and Values:** Rotary promotes integrity, fellowship, and ethical behaviour in professional and personal life.
- **International Fellowship:** Members connect with people from diverse cultures and countries.
- **Innovation & Partnerships:** Rotary collaborates with NGOs, governments, and institutions for sustainable development.
- **Environmental Awareness:** Many clubs run tree planting, clean-up, and sustainability initiatives.
- **Positive Community Presence:** Rotary fosters goodwill and creates lasting change in societies worldwide.

